

1 A woman needs a man like a fish needs a bicycle. But really, a woman just needs a bicycle...

0	↓	START	PAINÉ'S PARK "THE TRELLIS"
0.0	→	Right on path to MLK/West River	
0.1	↙	Left on MLK/West River Drive	
0.2	↘	Continue on West River Drive	
4.3	→	Right on Falls Bridge	
4.9	←	Left on Schuylkill Trail	
5.1	←	Left on Ridge Ave	
5.2	↙	Slight left on Main Street ⚠	
6.1	←	Left on Rector St	
6.1	→	Right on Manayunk Canal Towpath	
8.3	↙	Left on Nixon St	
8.3	↙	Nixon St becomes River Rd <small>GATE</small> ⚠	

2 "Toleration is the greatest gift of the mind; it requires the same effort of the brain that it takes to balance oneself on a bicycle." ~ Helen Keller

10.2	↘	River Rd curves, turns to Harts Ln	
10.2	↙	Left on River Rd ▲	
11.4	↙	Curve Left on Cedar Grove Rd	
12.3	↘	Right on Spring Mill Rd ▲	
13.4	→	Right on Butler Pike	
13.5	←	Left on Germantown Pike	
13.5	→	Right on Butler Pike	
14.1	↘	Right on Militia Hill Rd ▲▲	
<p>"It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them. Thus you remember them as they actually are, while in a motor car only a high hill impresses you, and you have no such accurate remembrance of country you have driven through as you gain by riding a bicycle." ~ Ernest Hemingway</p>			




3 "The bicycle is just as good company as most husbands and, when it gets old and shabby, a woman can dispose of it and get a new one without shocking the entire community." ~ Ann Strong Minneapolis Tribune, 1895

15.6	←	Left on Stenton Ave	
15.9	→	Right on Sheaff Ln	
17.0	→	Right on E Skippack Pike	
17.0	←	Left on Sheaff Ln	
18.0	←	Left on Morris Rd	
18.7	→	Right on W Butler Pike	
19.1	←	Left on N Main St	
19.4	↘	Right on Reiff's Mill Rd	
19.5	↘	Right on Tennis Ave	
22.8	↙	Left on Limekiln Pike	
23.8	☑	WAWA! on the Right 	
















4 "Let me tell you what I think of bicycling. I think it has done more to emancipate women than anything else in the world. It gives women a feeling of freedom and self-reliance. I stand and rejoice every time I see a woman ride by on a wheel...the picture of free, untrammelled womanhood." ~ Susan B. Anthony

23.8	→	Continue on Limekiln Pike	
25.7	↙	Follow Limekiln Pike to the Left	
29.3	→	Right on W Butler Ave	
29.4	←	Left on N Main St	
29.8	↘	Right on Park Ave	
31.1	↙	Park Ave turns into Callowhill Rd	
33.0	↙	Left on Callowhill Rd ▲▲	
ARE YOU EXCITED FOR PASTRIES?!			
33.2	→	Right on Upper Stump Rd	
33.7		Tabora Farms!!! <small>ON THE LEFT</small>	⚠
33.7		Exit Right from Tabora Farms	
33.8	←	Left on Upper Church Rd	

5 "The bicycle has done more for the emancipation of women than anything else in the world." ~ Susan B. Anthony 1896

34.4		Right on New Galena Rd
35.7		Left on Callowhill Rd
36.6		Callowhill Rd turns into Park Ave
38.0		Left on N Main St
38.1		Right on W Butler Ave
38.4		Left on Limekiln Pike 
41.8		Continue Right on Limekiln Pike
44.6		Right on Tennis Ave
48.3		Left on N Main
48.6		Right on W Butler Pike
49.0		Left on Morris Rd
49.7		Left on Sheaff Ln

6 "Nothing compares to the simple pleasure of a bike ride." ~John F. Kennedy

50.9		Right on Skippack Pike
50.9		Left on Sheaff Ln
51.9		Left on Stenton Ave
52.1		Right on Militia Hill Rd
53.7		Left on Butler Pike
54.5		Left on E Germantown Pike
54.5		Right on Butler Pike
54.6		Left on Spring Mill Rd
55.6		Left on Cedar Grove Ln <small>BECOMES BARREN HILL RD AFTER HECTOR ST</small>
56.4		Continue on Barren Hill Rd 
56.6		Right on River Rd 
57.7		Right on Harts Ln <small>BECOMES RIVER RD AFTER TURN, GATE</small> 

"Thus was this expedition finished...after having, by its event, strongly evinced this important truth; that though prudence, intrepidity and perseverance united are not exempted from the blows of adverse fortune, yet in a long series of transactions they usually rise superior to its power, and in the end rarely fail of proving successful." Voyage Around The World, 1751

7

59.2		Right onto Manayunk Towpath
61.7		Left on Rector St <small>TRAIL CLOSED AHEAD</small>
61.7		Right on Main Street
62.7		Merge onto Ridge Ave
62.8		Right on Schuylkill Trail...
67.2		FINISH!

"I began to feel that myself plus the bicycle equaled myself plus the world, upon whose spinning wheel we must all learn to ride, or fall into the sluiceways of oblivion and despair. That which made me succeed with the bicycle was precisely what had gained me a measure of success in life -- it was the hardihood of spirit that led me to begin, the persistence of will that held me to my task, and the patience that was willing to begin again when the last stroke had failed. And so I found high moral uses in the bicycle and can commend it as a teacher without pulpit or creed. She who succeeds in gaining the mastery of the bicycle will gain the mastery of life." ~ Frances E. Willard How I Learned To Ride The Bicycle. 1895



#womens100